

# Senior Center News

Chisago County Community Center  
38790 6<sup>th</sup> Avenue | North Branch, MN 55056 | 651-674-8658

## Fall Arts & Craft Fair!

Saturday, October 26<sup>th</sup> 2024

10 am – 3 pm

Chisago County Community Center  
38790 6<sup>th</sup> Avenue, North Branch, MN



Join us for a day of creativity and fun!  
Discover unique handmade items,  
Meet talented local artists and  
Enjoy some delicious refreshments!

Open to the Public & Free Admission

### A Little Seek Peak



### Music

Every Tuesday  
at 11:15 am

Oct 1 Dave Gourhan  
Oct 8 Johnson Brothers  
Oct 15 Dwight Tmomo  
Oct 22 Dennis Schaefer  
Oct 29 Anika &  
Donovan

### Pot Luck Sunday

October 13th  
at 12:30

All are welcome!  
Bring a dish to share  
Donations are  
welcome

### Dominos

Every Tuesday  
at 10 am

Come, even if  
you've never  
played, and we will  
teach you!



CONNECT WITH US

651-674-8658

[www.chisagosrcenter.org](http://www.chisagosrcenter.org)

[chisagocountyseniorcenter@gmail.com](mailto:chisagocountyseniorcenter@gmail.com)

# Activities

## Bridge Group

### **\*NEW GROUP STARTING\***

On November 14<sup>th</sup> and  
December 12<sup>th</sup>  
at 12:45 to 4 pm.

If you are interested in  
playing bridge, come join  
us for the afternoon.

Open to everyone!

## Movie Day

**is returning on  
October 1<sup>st</sup>**

1:00 PM - 3:00 PM

### **Jumanji**

popcorn, and  
beverages are all  
complimentary.  
Donations accepted.

## Senior Dining

Catholic Charities offers a  
Senior Dining program at the  
Chisago County Senior Center  
in North Branch. They serve  
lunch at 11:45 am on  
weekdays. To make a  
reservation, please **call 651-  
674-1956 before 8:00 am  
on the day you plan to attend.**

## WEEKLY ACTIVITIES

**Pot Luck Sunday** – Oct 13th at 12:30, All are welcome! Bring a dish to share Donations welcome

**500 Card Game** - Every Monday & Wednesday at 12:45 Cost is \$1

**Exercise With Connie** Everyone is welcome! Every Monday, Wednesday & Friday at 10:30 to 11:30

**Dominos** Every Tuesday at 10 am Come, even if you've never played, and we will teach you!

**Cribbage** Every Friday at 12:45 the cost is \$1

**Volunteer Opportunities** Call the Senior Center for information at 651-674-8658

**Music** Every Tuesday - See the activities calendar for who is playing each week

**Hand, Foot & Arm** Every Thursday at 12:30 the cost is \$1

**Bingo** Every Thursday at 10 am \$.25 per card, limit is 2 cards

**Happy Feet Foot Care** Appointments are available on the 3<sup>rd</sup> Wednesday and 4<sup>th</sup> Tuesday of the month. Call 763-346-3390

## Resources

### Food

**Catholic Charities Senior Dining**, Monday – Friday at 11:45, Call for reservation (651)-674-1956

**Fare For All**, Trinity Lutheran Church, August 14<sup>th</sup>, (763)-450-3860

**Ruby's Pantry**, Access Church, 2nd Saturday of the month. Starts at 9:30am

### Miscellaneous

**Arrowhead Transit**, 800- 862-0175, option 13, <https://arrowheadtransit.com>

**Chisago Age Well Coalition**, No phone #, <https://www.chisagoagewell.org/>

**Mid-Minnesota Legal Aid, Senior Law Project**, 1-888-360-2889 <http://www.mylegalaid.org>

**Senior Linkage Line - Board on Aging**, (651) 431-2500, <https://mn.gov/senior-linkage-line/>

Please see our website for the full list of resources

## Notice of Meeting Election of Board Members and Officers

We invite you to attend our upcoming meeting to vote for board members and officers. Your participation is crucial to the future of our Senior Center.

Date: October 17, 2024

Time: 9:30 am

We look forward to your involvement and interest in the ongoing activities and governance of our center.



### ALMELUND APPLE FESTIVAL

We had a fun setting up our booth at the festival! The day was filled with excitement as many people stopped by to chat with us. Some were curious and asked great questions, others eagerly took flyers, and quite a few signed up for our newsletters. Best of all, we had so many wonderful conversations that made the day so fun.



## Presidents Corner

Greetings from the Chisago County Senior/Community Center. Fall is officially upon us. As the weather cools and the leaves change, we remain focused on promoting our beautiful Senior/Community center. We recently had a booth at the Almelund Apple Festival on September 15th where we met a lot of great people and were able to distribute information about the center. Thank you to the organizers of the Apple Festival for hosting such a wonderful community event. Next up, we will be at the Chisago Age Well Expo on Friday, October 18th. This is held at the Performing Arts Center at the Chisago Lakes High School. This is another great event for gathering information and resource material on all things related to "living and aging well" in Chisago County. We do hope you will stop by and visit us there.

The following weekend on October 26th the center will be hosting a Fall Arts & Crafts Fair from 10 am - 3 pm. We're happy to say we have filled all our vendor spaces. There should be something for everyone. Again, please stop by and take a look. We will also have concessions available throughout the day. Other things to note, Movie Day is returning in October. The first Tuesday of the month, October 1st, from 1 pm to 3 pm. This is complimentary, including popcorn and beverages. On October 3rd we are hosting a fraud prevention program from 12:30 pm to 1:30 pm. The presenter will be Katie from Associated Bank. All this information is posted on our calendar or elsewhere in this newsletter. Thank you to all who have switched to an e-newsletter, this will help us save printing and mailing costs. Thanks to Connie, our media specialist, we are now on Next Door as well as Facebook, check us out. That's all for now.

Hope to see you at the center soon, Carol

## WORD SCRAMBLE

### THEME?

HRMNSTYESOE

PPDAHSYYA

AIFERSR

EEHRCS

OBSOSTEHCWYH

HSMA

LVOCULIYE

SLNFEDIE

ADILGRCNLAE

STHSEIMNPSO

TDIBCEEWH

ERDIFSN

AAMWNNFODAEHLT

TAOENBHRHYBGGEIT

LMAITLIYHNLAEF

MYASOEORHORMWETLRY

CYROHEMNSPAT

NHBWEOHTBSROWA

XAIT

NAILERHRYLVDEASEN



**FREE EVENT**

# 2024 CHISAGO AGE WELL EXPO

## "Flourishing in the Second Half of Life"

Resources and Information to provide older adults and their caregivers opportunities to live and age well in Chisago County

Speaker • Vendors • Food • Entertainment  
Vaccine Clinic • Health Screenings • Free Admission!



**Keynote Speaker:  
Steve Hoover**



**Friday, October 18 | 9:00 am - 1:00 pm**  
**Chisago Lakes High School PAC**  
**Keynote Speaker at 10:30**

VISIT [WWW.CHISAGOAGEWELL.ORG](http://WWW.CHISAGOAGEWELL.ORG) FOR MORE INFORMATION

Sponsored By:  

### Driver Discount Program

4 Hour refresher class at the Senior Center

November 7<sup>th</sup> 12:00 to 4:00

To register Call 320-308-1400

<http://www.mnsafetycenter.org/>

The 8-hour course is no longer required

 *Save the Date* 

*Christmas Concert*

*December 22<sup>nd</sup> from 1 pm to 3 pm*

*Light lunch, Fellowship, and  
entertainment.*

*Music by Anthony & Friends,  
Volunteers are needed*

## BANK AT WORK SPECIAL EVENT

**YOU ARE INVITED**

Chisago Senior Center Fraud Presentation

**Fraud Prevention Seminar:  
Cyber Security, Elder Scams, Computer  
Takeovers and Check Fraud.**

**WHEN: Thursday October 3<sup>rd</sup> 12:30-1:30PM**

This presentation will be held at the Senior Center

FREE Presentation for all Residents:  
We will discuss fraud prevention, what we  
are seeing in our community and ways to  
recover if you've become a victim.



Associated Bank, N.A. is a Member FDIC and Associated Bank Corp. Equal Housing Lender. Equal Opportunity Lender. (3/75) 7168

## Synopsis of Chisago County Board on Aging Meeting

The Chisago County Board on Aging met on September 19th, 2024. A Quorum was present. The Secretary's and Treasurer's reports were approved as present.

### **OLD BUSINESS:**

Christmas Concert/date & volunteers: The Christmas concert date is December 22nd.

Time: 12:00 -4:00. All ages welcome. Guest singers will perform for about an hour and lunch will be provided.

Grant Award from Edina Reality Foundation: The Foundation helps organizations that provide housing and related services such as meals.

### **NEW BUSINESS:**

Possible Church group to return: A church from North Branch had asked if the center had space to hold their Sunday services in the dining room.

Catholic Charities territory for the MOW program: Vickie shared

### **COMMITTEES:**

Tables Around Town (TAT) and Language revamp on the rental agreement: Nothing new

Fall Craft Fair: Sarah is on top of it. Organizing of having signs, organizing the building, proper help and confirming the date.

### **ACTIVITIES:**

Potluck: 29 attended, \$49 collected, Games: Good, Exercise: Classes are going well

Music: Is going good, Movie Day: The next movie day has been set for Tues., October 1st. at 1:00 PM

OFFICE REPORT: Things are working well together. Would like to recruit more office staff.

**MEDIA SPECIALIST:** The newsletter is going well. Connie will continue to send Newsletters by email to those who have requested one to be sent. They are also being sent out by mail.

**COMMENTS/CONCERNS:** Discussion about the annual elections coming up in October. who will be running for the CC Board on Aging.

## Rental Facility

Looking for a great place to host your next event? The Senior Center offers a variety of rooms in different sizes, perfect for meetings, parties, and dinners. Our facilities are open to everyone in the community. If you need to use the kitchen, just let us know in advance and make sure you have a Safe Serve License. We look forward to helping you make your event a success!



**The Conference Room** is perfect for groups of up to 20 people and comes with internet access to keep you connected. You can rent this space for just \$50 per activity.



**Our Spacious Dining Room** can comfortably seat up to 75 guests and includes access to a small kitchen, making it perfect for dinners, parties, and gatherings. You can rent this wonderful space for just \$150 per activity.

## Join Us for Puzzles and Coffee!

On weekday mornings, Jean and Betty are here with a hot cup of coffee, tackling some challenging puzzles. They could use a hand, and we'd love your company! If you enjoy free coffee and great conversation, this is the place for you.

We love sharing puzzles—whether you want to exchange some or add to our collection. It's a fantastic way to meet new people and build connections.

So, come on over to the senior center, help us piece together a puzzle or two, and get to know these amazing folks. We can't wait to see you!



*The special charm of our center comes from the fact that it's run by the very seniors it serves. Guided by their wisdom, our center radiates unity, purpose, and well-being, showcasing the incredible power of community engagement.*



### **NEW! Join us on the Nextdoor App!**

Stay connected and informed in our community!



Like and follow us on Facebook  
*Chisago County Senior Center*

### **Word Scramble Answers**

AMERICAN SITCOMS  
MY THREE SONS, HAPPY DAYS, FRASIER,  
CHEERS, THE COSBY SHOW, MASH, I  
LOVE LUCY, SEINFELD, WILL AND GRACE,  
THE SIMPSONS, BEWITCHED, FRIENDS,  
TWO AND A HALF MEN, BIG BANG  
THEORY, ALL IN THE FAMILY, MARY  
TYLER MOORE SHOW, THREE  
COMPANY, BOB NEWHART SHOW, TAXI,  
LAVARNE AND SHIRLEY.

### **Mission Statement**

" Our mission is to enrich the lives of Chisago County senior citizens & to support their individual lifestyles"

### **Board of Directors:**

Carol Gilquist, President  
Carol Stradinger, Vice President  
Terry Reyer, Secretary  
Todd Fisk, Treasurer  
Directors: Cathy Buda, Connie Jaques,  
Henry Scott, Connie Kaiser, Betty  
Anderson Schlipp, Gwen Swenson,  
Marge Scheele & Pam Schultz

Board Meeting every 3rd Thursday of the month at 9:30am at the senior center

**OPEN TO ALL!**