

## Senior Center News

Chisago County Community Center  
38790 6<sup>th</sup> Avenue | North Branch, MN 55056 | 651-674-8658



### Happy Valentine's Day!

Valentine's Day isn't just for the young and smitten—it's also a perfect occasion to celebrate our wise and wonderful senior citizens! Through the years, you've mastered the art of love, braved the heartaches, and come out with stories that would make even Cupid blush.

You have learned that love is much like a fine wine—it gets better with age. You've experienced the thrill of first dates, the comfort of long marriages, and the delight in finding romance anew. You know that true love isn't always about grand gestures; sometimes it's about sharing the last piece of cake or giving a wink that says, "I adore you."

While you've faced the inevitable loss of loved ones, you do so with a grace that leaves us in awe. Your wisdom tells us that love doesn't vanish with loss; it transforms into cherished memories and stories that keep your loved ones' spirits alive. You've mastered the art of reminiscing, often with a twinkle in your eye and a smile on your lips, recounting tales that could fill entire libraries with love and laughter.

The power of love is a thread that weaves through the fabric of your life. It's a force that has kept you grounded, lifted your spirits, and enriched your soul. You've shown us that love isn't bound by age—it's timeless. It's evident in the way you hold hands on park benches, share knowing glances across the room, and still dance like nobody's watching.

This Valentine's Day, let's celebrate the seniors in our lives. Let's listen to their stories, learn from their experiences, and honor the love they have shared and continue to share. Their journey is a testament to the enduring power of love, and we are fortunate to have them as our guides and mentors.

### Bingo

Every Thursday at 10 am  
\$.25 per card, 2-card limit.



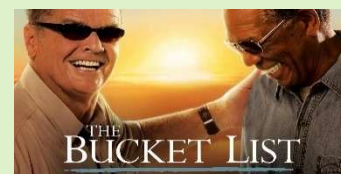
### Dominos

Every Tuesday at 10 am No  
experience? No problem!  
We'll teach you everything  
you need to know.



### Movie Day

Tuesday Feb 11<sup>th</sup>, at 1:30  
Free popcorn & beverages  
Starring Jack Nicholson &  
Morgan Freeman



CONNECT WITH US  
651-674-8658  
[www.chisagosrcenter.org](http://www.chisagosrcenter.org)  
[chisagocountyseniorcenter@gmail.com](mailto:chisagocountyseniorcenter@gmail.com)

## Weekly Activities At the Senior Center

### **500 Card Game! Join us at the senior center every Monday and Wednesday at 1:00 pm**

The card game 500 is a favorite among seniors, offering mental stimulation and social interaction. This trick-taking game combines elements of Euchre and Bridge, making it perfect for friendly gatherings. Seniors enjoy the strategic thinking and teamwork involved, as well as the camaraderie and laughter that come with playing. It's a cherished activity that brings joy and a sense of community.



**500 Card Game** - Every Monday & Wednesday at 1:00 pm. The cost is \$1

**Bingo** Every Thursday at 10 am. \$.25 per card, 2-card limit.

**Bridge** Every Second Thursday from 1 pm to 4 pm

**Cribbage** Every Friday at 1:00 pm. The cost is \$1

**Dominos** Every Tuesday at 10 am Come, even if you've never played and we will teach you!

**Exercise With Connie** Every Monday, Wednesday & Friday from 10:30 am to 11:30 am.

**Hand, Foot & Arm** Every Thursday at 1:00 pm to 3:00 pm.

**Happy Feet Foot Care** Appointments are available on the 3rd Wednesday and 4th Tuesday of the month. Call 763-346-3390

**Movie Day** Every Second Tuesday at 1:30 pm. Free popcorn and beverages! See the activities calendar for what is playing each week.

**Music (Live Music)** Every Tuesday at 11:15 am. See the activities calendar for who is playing each week.

**Pot Luck Sunday** Second Sunday at 12:30 pm. Bring a dish to share, Donations are welcome.

**Volunteer Opportunities** Call the Senior Center for information at 651-674-8658

## Resources

### Food

**Catholic Charities Senior Dining**, Monday – Friday at 11:45, Call for reservation (651)-674-1956

**Fare For All**, Trinity Lutheran Church, January 8th, (763)-450-3860

**Ruby's Pantry**, Access Church, 2nd Saturday of the month. Starts at 9:30am

### Miscellaneous

**Arrowhead Transit**, 800- 862-0175, option 13, <https://arrowheadtransit.com>

**Chisago Age Well Coalition**, No phone #, <https://www.chisagoagewell.org/>

**Friends & Co**, 612-746-0737, <https://friendsco.org/>

**Lakes & Pines**, 320-679-1800 <https://www.lakesandpines.org/>

**Mid-Minnesota Legal Aid, Senior Law Project**, 1-888-360-2889 <http://www.mylegalaid.org>

**Senior Linkage Line - Board on Aging**, (651) 431-2500, <https://mn.gov/senior-linkage-line/>



### **PRECISION** DRIVING CENTER

55+ Discount Program

**March 20<sup>th</sup> & May 8<sup>th</sup>**

12:00 pm to 4:00 pm

4 Hour in-person classes

To register call 320-308-1400 or online at

[www.DriverDiscountProgram.com](http://www.DriverDiscountProgram.com)

**Classes are held at the senior center**

### *Dine & Discover*

*"Bring Joy to Life"*

**Thursday, Feb 13, 2025**

9:00 AM - Rushseba Senior Living, Rush City

12:00 PM - Zion Lutheran Church, Chisago City

**3:30 PM – Chisago County Senior Center**

Free Event! Guest Speakers! Refreshments!

To Register, call 651-674-1025

Register by February 7th!



### **FREE TAX PREP**



APPOINTMENTS ARE LOCATED IN MOOSE LAKE,  
CAMBRIDGE, MORA, MILACA, NORTH BRANCH  
AND PINE CITY.

DIY taxes with assistance available.

Call or email for more information.

LEARN MORE

**Call:** 320-679-1800 option 4

**Email:** TAXES@lakesandpines.org

**Online:** <http://www.lakesandpines.org/tax-assistance>



### *Forever Young Club*

**March 11, 2:30 pm to 5:00 pm**

**Splitrocks Bowling and Arcade Fun**

First, we'll enjoy an hour of bowling, with lanes reserved just for our group. Then, we'll head to the arcade for some nostalgic fun before we enjoy a pizza dinner at about 4:00 p.m. with the group.

The cost is \$22/\$15

To enroll go to: [Splitrocks Bowling and Arcade Fun - Chisago Lakes Community Education](#)

### **Coffee Talk**

Come join the chat.  
Stay for the warmth.  
We look forward to  
learning about your  
world and inviting  
you into ours.



**Call Monday – Friday 8 am - Noon**

**Toll-Free 877-238-2282**

[Friends & Co Coffee Talk](#)

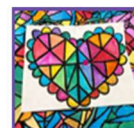
### *Hallberg Center for the Arts*

**FREE Art Classes**

**every month for seniors 55+**

**February 4<sup>th</sup>, 2025 2:30 – 4:30 pm**

Paint a giant watercolor Valentine,  
in a stained-glass style.



**March 4<sup>th</sup>, 2025 2:30 – 4:30 pm**

Make an adorable  
no-sew sock bunny



Call 763-202-1397 or register online at

[www.wyomingcreativearts.org](http://www.wyomingcreativearts.org)

## In loving Memory of Ray Medin



A cherished former employee and volunteer, who passed away on January 12, 2025.

Ray began his journey with us in the early 1990s, volunteering at the old Senior Center building. When the new and current building opened in

2001, Ray continued his dedicated service in the commercial kitchen, running the dishwasher for the staff. In 2003, Ray was hired part-time to clean for about two hours a day, and he continued to volunteer in the kitchen, running the dishwasher after lunch was served.

Ray also took on the role of a greeter at times, enjoying conversations and sharing jokes with everyone over coffee as they arrived at the center. His love for volunteering and helping wherever and whenever possible was evident to everyone who knew him. Many who remember Ray have missed seeing him at the Senior Center in recent years.

In honor of Ray and all he did for us over the years, we will be hosting a celebration of life.

**Please join us for cake, coffee, and conversation on Tuesday, February 11th, from 10:00 to 11:15 at the Senior Center (Activity Room). Ray was everybody's friend, and we look forward to celebrating his life and legacy together.**

## Word Puzzle

**Theme:** At the Airport

1. HDEAPLI
2. VATERL
3. SPNREEAGS
4. INOGBARD
5. NAAVIITO
6. CSOUSTM
7. EGTA
8. VLAIAR
9. RAWNUY
10. AEEDRRPUT
11. CAGOR
12. NAPERILA
13. DAMEROREO
14. LDNINAG
15. ANTRELM
16. UOEGNL
17. TFRFRCIAA
18. SERVCUTI
19. LEAUGGG
20. PTROASSP



## Presidents Corner

Hello from the Chisago County Senior Center! Can you believe we're already in February? Time really does fly! Although this month is brief, it's packed with opportunities for fun and connection. Are you planning a Super Bowl party or maybe attending one? It's always exciting to gather with friends and family for the big game! Valentine's Day is just around the corner too—a perfect time for a nice dinner with someone special, sharing beautiful cards with friends and loved ones, and of course, indulging in delicious chocolates! Don't forget about local winter festivals happening in our area, such as the Celebration of Lakes in Lindstrom and the Chisago Lakes area. It might even be the perfect year to try ice fishing! With plenty of thick ice on our lakes and not much snow, it could be a fun new adventure. If you're looking for more activities, we would love for you to join us at the senior center! We always have coffee and cookies waiting for you upon arrival. We can't wait to see you there! Take care and see you soon! Carol



# Synopsis of Chisago County Board on Aging meeting on January 16<sup>th</sup>, 2025

A Quorum was present. The Secretary's and Treasurer's reports were approved as present.

## OLD BUSINESS

Both Chambers are up to date on being paid for 2025. The website management change is moving forward and going well with the new changes and learning new techniques to improve the newsletter and webpage. The Christmas concert went well. Had a very good turnout. About 66 people came and enjoyed the concert and lunch.

## NEW BUSINESS

A big welcome to the newest board member, Barb Cuppett. Terry was appointed and approved for the Secretary position for the rest of the term. (2025) The board was given a review of 990 and will go over it individually and discuss it at the next meeting. North Branch Chamber has reinstated its nonprofit price of \$200 for membership. The board was in favor.

## COMMITTEES

Arrowhead Transit; survey participation needed for future service improvement planning was discussed about serving the community. The project is being designed to expand in the future.

## ACTIVITIES

Potluck: Carol S. shared that there were 31 participants and \$100 was donated.

Exercise: Connie K stated it is going very well.

Games: 500, cribbage, hand and foot, bingo and dominos are all well attended. Music: Is going well

## OFFICE REPORT

Things are going well. Will now be getting busier with the new year for Tax time.

## MEDIA SPECIALIST

All the new changes are going well and are looking forward to learning, sharing new and adventurous ideas ahead for the new year.

## **DONATIONS**

### **Support Our Senior Center!**

Your generous donations help us continue providing valuable services and programs for our community. Every contribution, big or small, makes a difference in the lives of our seniors.

#### **How to Donate:**

**Online:** Visit our website [www.chisagosrcenter.org](http://www.chisagosrcenter.org) and click on the "Donate" button.

**In Person:** Drop off your donation at the front desk.

**By Mail:** Send your check to 38790 6<sup>th</sup> Ave, North Branch, MN 55056

Thank you for your support!

Together, we can make a positive impact.



"He'll take a dozen long-stemmed roses."

# Chisago County Senior Center



## Pot Luck Sunday!

Who doesn't love a delicious home-cooked meal? Join us every 2nd Sunday at 12:30 PM for a delightful feast. The food will be ready and waiting for you to dig in. Bring a dish to share or a donation to contribute. The food is always magnificent, and the company is even better. Don't miss out on this wonderful opportunity to enjoy great food and connect with friends. See you there!



Like and follow us on Facebook



Join us on the Nextdoor App

## Word Puzzle Answers

Theme: At the Airport

HELIPAD, TRAVEL, PASSENGER, BOARDING,  
AVIATION, CUSTOMS, GATE, ARRIVAL,  
RUNWAY, DEPARTURE, CARGO, AIRPLANE,  
AERODROME, LANDING, TERMINAL,  
LOUNGE, AIR TRAFFIC, SECURITY,  
LUGGAGE, PASSPORT



## Mission Statement

" Our mission is to enrich the lives of Chisago County senior citizens & to support their individual lifestyles"

## Board of Directors:

Carol Gilquist, President  
Betty Anderson Schlipp, Vice President  
Terry Reyer, Secretary  
Todd Fisk, Treasurer  
Directors: Barb Cuppett, Carol Stradinger, Cathy Buda, Connie Jaques, Henry Scott, Connie Kaiser, Gwen Swenson, Marge Scheele & Pam Schultz

Board Meeting every 3rd Thursday of the month at 9:30 am at the senior center

OPEN TO ALL!

# Community Center Rental Facility

Looking for the perfect place to host your next event? The Community Center offers a variety of room sizes, ideal for meetings, parties, and dinners. Everyone in the community is welcome, and we're excited to help make your event a memorable success!

## The Dining Room

Host your next event in our spacious and welcoming dining room, which can accommodate up to 75 guests! For just \$150 per activity, take advantage of the convenient kitchen. Make unforgettable memories with us!



## Activity Room

Our spacious, tile-floored Activity Room is ideal for exercise classes, card games, and more. It comfortably accommodates up to 32 guests and includes a small kitchen for your convenience. Rent this fantastic space for just \$100 per activity.



## Our cozy Conference Room

Accommodates up to 20 people and comes with internet access. Rent it for just \$50 per activity. Come and make your gathering a success with us!



## Nurse's Room

Discover our inviting Nurse's Room—perfect for small meetings or consultations. Rent it for just \$20 per activity and enjoy a comfortable, private space. Join us and take advantage of this affordable, welcoming option!









# Senior Center Activities

Office Hours are Monday - Friday 8 am to 1 pm

Website: [www.chisagocountycenter.org](http://www.chisagocountycenter.org) E-mail: [chisagocountyseniorcenter@gmail.com](mailto:chisagocountyseniorcenter@gmail.com)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h2>February 2025</h2>  </div>						
2	3 10:30 Exercise 1:00 500 Cards	4 10:00 Dominos 11:15 Music - Jon Ekstrom	5 10:30 Exercise 1:00 500 Cards	6 10:00 Bingo 1:00 Hand, Foot & Arm	7 10:30 Exercise 1:00 Cribbage	8
9 12:30 Pot Luck	10 10:30 Exercise 1:00 500 Cards	11 10:00 Dominos 11:15 Music - Ukulele Group 1:30 Movie - Bucket List	12 10:30 Exercise 1:00 500 Cards	13 10:00 Bingo 1:00 Bridge 1:00 Hand, Foot & Arm 3:30 Dine & Discover	14 10:30 Exercise 1:00 Cribbage 	15
16	17 10:30 Exercise 1:00 500 Cards	18 10:00 Dominos 11:15 Music - Katy Coury	19 10:30 Exercise 1:00 500 Cards Happy Feet	20 9:30 Board Mtg 10:00 Bingo 1:00 Hand, Foot & Arm	21 10:30 Exercise 1:00 Cribbage	22
23	24 10:30 Exercise 1:00 500 Cards	25 10:00 Dominos 11:15 Music - Sherry Pearce Happy Feet	26 10:30 Exercise 1:00 500 Cards	27 10:00 Bingo 1:00 Hand, Foot & Arm	28 10:30 Exercise 1:00 Cribbage	





# Catholic Charities Senior Dining Menu

February 2025

Lunch served at 11:45 a.m. at Chisago County Senior Center, North Branch - For reservations, please call 651-674-1956 before 8:00 a.m.

## North Branch Senior Dining Coordinator - Vickie Nasby

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>3</b> Hot Pork Sandwich on bun Whipped Potatoes w/ gravy Green Beans	<b>4</b> Turkey w/ Spaetzle Dumplings Peas Peaches Bread	<b>5</b> Chicken Ala King over 1 biscuit Vegetable Mandarin Oranges	<b>6</b> Hamburger Patty Whipped Potatoes w/ Gravy Beets Bread	<b>7</b> Scalloped Potatoes & Ham Vegetable Fruit Bread		
<b>10</b> Western Chili Half Sandwich Fruit Cup Cookie	<b>11</b> Chicken Rice Casserole Green Beans Peaches Bread	<b>12</b> Hamburger Tomato Casserole Peaches Corn Bread	<b>13</b> Salisbury Steak Paprika Potatoes Broccoli Bread	<b>14</b> Chicken Alfredo Noodles Mixed Vegetables Cake		
<b>17</b> Chicken Patty on bun Green Beans Sweet Potato	<b>18</b> Lasagna (meatless) Roll Ups Broccoli Peaches Bread	<b>19</b> Taco Meat Shredded Cheese Corn Spanish Rice Tortilla chips	<b>20</b> Polish Sausage Fried Onions & Peppers Half of a Baked Potato Vegetable Normandy Bread	<b>21</b> Spaghetti w/ Meat Sauce Noodles Peas Breadstick		
<b>24</b> Hamburger Stroganoff Noodles Peas Strawberries	<b>25</b> Egg & Hashbrown Bake Sausage Yogurt Pastry	<b>26</b> Liver & Onions Whipped Potatoes w/ grav Vegetables Bread	<b>27</b> Baked Chicken Garden Vegetable Rice Broccoli Bread	<b>28</b> Bouja Half Sandwich Fruit Cocktail Cookie		
 <p>Milk is served with every meal. Menu is subject to change. Dining/MOW closure announcements:  <b>WCMP FM 100.9 FM 106.5 AM 1350</b>  Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act and Administered by Catholic Charities of the Diocese of St. Cloud.</p>						