#### Chisago County

#### Senior Center News

Chisago County Community Center 38790 6<sup>th</sup> Avenue | North Branch, MN 55056 | 651-674-8658

#### Críbbage Tournament

Every Friday from 1:00 pm – 4:00 pm Just \$1.00 to play & All seniors are welcome



Whether you're in it to win or just in it for the laughs, our Cribbage Tournament is the perfect way to spend your Friday afternoon! Join a lively group of 12–20 players for six rounds of cribbage in two-person teams—all in a welcoming, upbeat atmosphere.

The top two people split the pot, and yes... even the biggest loser wins a prize! Enjoy unlimited coffee and an ever-changing spread of tasty snacks to keep the fun going.

Come for the game, stay for the friendships. Let's play cards, laugh loud, and make Fridays something to look forward to every week!

#### **Pot Luck Sunday**



Every 2<sup>nd</sup> Sunday of the Month at 12:30 pm Bring a dish to share. Donations Welcome

#### Volunteers Opportunities



Call the Senior Center for information at 651-674-8658

#### **Dice Games**



Wednesdays at 12:30
Bring your dimes and join the fun with a different dice game each week!



CONNECT WITH US 651-674-8658

https://chisagosrcenter.org chisagocountyseniorcenter@gmail.com

#### **ACTIVITIES AND CLASSES**

500 Card Game - Every Monday & Wednesday at 1:00 pm. The cost is \$1

Bingo - Every Thursday at 10 am. \$.25 per card, 2-card limit.

Bridge - Every Second Thursday from 1 pm to 4 pm, every Friday at 1:00 pm. The cost is \$1

Cribbage – Every Friday at 1:00 pm. The cost is \$1.

**Dice Games -** Wednesdays at 1:00 — bring your dimes and enjoy a fresh dice game each week!

**Domino's -** Every Tuesday at 10 am. Come, even if you've never played, and we will teach you!

Exercise With Connie - Every Monday, Wednesday & Friday from 10:30 am to 11:30 am.

Hand, Foot, and Arm - Every Thursday, from 12:30 pm to 3:00 pm.

**Happy Feet Foot Care** - Appointments are available on the 3rd Wednesday and 4th Thursday of the month. Call 763-346-3390

Live Music - Every Tuesday at 11:15 am. See the activities calendar for who is playing each week.

**Movie Day** - Every Second Tuesday at 1:00 pm. Free popcorn and beverages! See the activities calendar for what is playing each month.

**Pot Luck Sunday** - Second Sunday at 12:30 pm. Bring a dish to share. Donations are welcome.

Volunteer Opportunities - Call the Senior Center for information at 651-674-8658

#### A special thank you to the very talented North Branch Students



We're so grateful to the North Branch students for sharing their amazing talents with us. Their energy, creativity, and skillful performances added a delightful spark to our day!



#### **Resources**

#### Food

Catholic Charities Senior Dining, Monday – Friday at 11:45, Call for reservation (651)-674-1956

Fare For All, Trinity Lutheran Church, (763)-450-3860

Ruby's Pantry, Access Church, 2nd Saturday of the month. Starts at 9:30am

Miscellaneous

Arrowhead Transit, 800-862-0175, option 13, Arrowhead Transit

Chisago Age Well Coalition, No phone #, <a href="https://www.chisagoagewell.org/">https://www.chisagoagewell.org/</a>

Family Pathways Aging Services, 651-674-8040, Aging Services - Family Pathways

Lakes & Pines, 320-679-1800 <a href="https://www.lakesandpines.org/">https://www.lakesandpines.org/</a>

Mid-Minnesota Legal Aid, Senior Law Project, 1-888-360-2889 <a href="http://www.mylegalaid.org">http://www.mylegalaid.org</a>

Senior Linkage Line - Board on Aging, (651) 431-2500, https://mn.gov/senior-linkage-line/

Please see our website for the full list of resources www.chisagosrcenter.org



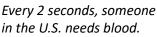
Saturday, October 25<sup>th</sup>, 2025 9 am – 3 pm

\$40 per space. All art & craft pieces must be handmade by the vendor. Vendors will be accepted on a first-come, first-served basis. If interested, send an email to <a href="mailto:saramcneely24@gmail.com">saramcneely24@gmail.com</a> with your

name, address, and phone number or call 651-214-1195

Sponsored by:
Chisago County Community Center 38790 6th Ave, North Branch, MN







#### **Blood Drive**

Thursday, August 14, 2025 9:00 am to 3:00 pm

Please call 1-800-RED-CROSS (1-800-733-2767) or visit redcrossblood.org and enter: North Branch to schedule an appointment.

Chisago County Senior Center 38790 6<sup>th</sup> Ave, North Branch, MN 55056

Join Us for this FREE Event!

#### Dine & Discover

Hosted by Chisago Age Well Coalition istance of a Title III grant from the Central Minnesota Council on Aging as part of the Older Americans Act

Tuesday, August 12<sup>th</sup>, 2025 At 3:30 pm

#### MyChart 101

Presenter
Jack Castiglione
M Health Fairview



If your medical provider offers MyChart but you've been hesitant to try using it— or if you are a current MyChart user who has questions—Chisago Age Well invites you to attend their Dine & Discover program

Bring your smartphones & your questions!

To register, call 651-674-1025 by Friday, Aug 8, 2025

Class is held at the Senior Center

#### PRECISION DRIVING CENTER

55+ Driver Discount Program



September 16<sup>th</sup> 2025 October 9<sup>th</sup> 2025

12:00 pm to 4:00 pm

4-hour in-person classes

To register, call 320-308-1400 or online at www.DriverDiscountProgram.com

Get up to 10% off your car insurance for 3 years!

Classes are held at the Senior Center



#### JOIN THE BOARD!



#### Make a Difference in Chisago County

Are you over 50, living in Chisago County, and retired, semi-retired, or simply have time and passion to share? The Chisago County Senior/Community Center is seeking board members for the upcoming term.

Use your experience, wisdom, and heart to help shape programs that matter. No board experience? No problem—bring your enthusiasm and care. Make new connections, share your voice, and leave a lasting impact.

Call 651-684-8658 or Email

chisagocountyseniorcenter@gmail.com to learn more.

#### **President's Corner**

Greetings from the Chisago County Senior Center! We're excited to welcome you back as our August calendar fills with engaging activities and opportunities to connect. Here are a few highlights you won't want to miss:

#### Movie Day - August 12 at 1:00 PM

Join us for a screening of *We Bought a Zoo*, starring Matt Damon. Enjoy a heartwarming story and good company in our comfortable activity room.

#### Dine & Discover - August 12 at 3:30 PM

Immediately following the movie, Chisago Age Well will host a free educational session titled **MyChart 101**. Learn how to navigate your electronic medical chart with a live demonstration and discussion. Light refreshments will be served. To register, please contact Community Education.

Red Cross Blood Drive – Aug 14, 9:00 AM–3:00 PM Help save lives by donating blood at our upcoming drive. To schedule your appointment, call 1-800-733-2767 or visit www.redcrossblood.org

Community Events, Almelund Threshing Show: August 8–10, Senior Center Potluck: August 10, Minnesota State Fair: August 21–September 1

We encourage you to check the calendar in this newsletter for additional activities and events happening throughout the month. Whether you're here for a program or just stopping by for coffee and conversation, there's always something happening—and someone interesting to talk to.

We look forward to seeing you at the Center!

Warm regards, Carol Gilquist, President, Chisago County Senior Center

#### Synopsis of Chisago County Board on Aging meeting on July 17th, 2025

The Chisago County Board on Aging met on July 17th, 2025. A Quorum was present. The Secretary's report was approved; the Treasurer's report was approved as presented.

**OLD BUSINESS:** Printer replacement & training: The center now has a new printer. The office staff is getting accustomed to the new printer and the latest technology. We still have a few things to work out. Upcoming events - 2 Blood drives scheduled in the fall, Apple Festival in September, Age Well Expo in October, Craft Fair in October, and Christmas Concert in December. Recruitment: October comes quickly. There are open positions that will need to be filled.

**NEW BUSINESS:** Recipient of a \$250.00 grant for the center. Internet connections: For 2 days, the office was without internet service.

**COMMITTEES:** The Safety Committee is actively working on emergency procedures, updated room capacity reports, and essential safety postings. They've consulted with the local Fire Chief and are taking steps to bring the center up to code.

**ACTIVITIES:** Potluck: 25 people attended and \$75 in donations. Games are going great and are steadily growing. Exercise is going well. Music is going well. Movie Day: No Movie in July. Will resume in August, with *We Bought a Zoo*.

**OFFICE:** Things are going well. There will be no meetings in the summer. Filling up next year's rental reservations.

MEDIA SPECIALIST: It's going well. Network Solution is done.

For more detailed information on the Board Meeting Minutes, go to: https://chisagosrcenter.org/board-meeting-minutes/

#### Word Scramble

#### **CAMPING**

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2. AAHLMWSMORLS	12. RSSNOE	
3. DTNVEUARE	13. TETN _	
4. SMEQIOUTOS	14. NYKTSIGH	
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6. RSOOTDUO	16. GOICONK	
7. DIFLELIW	17. NIGHIK	
8. EATNRU	18. UMMESR	
9. SAMPSCO	19. KMOAMCH	
10. SBIEGAGELPN	20. MWNGISMI	



#### **Pot Luck Sunday!**

Who doesn't love a delicious home-cooked meal? Join us every 2nd Sunday at 12:30 PM for a delightful feast. The food will be ready and waiting for you to dig in. Bring a dish to share or a donation to contribute. The food is always magnificent, and the company is even better. Don't miss out on this wonderful opportunity to enjoy great food and connect with friends. See you there!



Old age is a thing... Last night, I was in bed for 20 minutes when I heard the pizza guy cough. Then I remembered I came to my room to get my wallet.



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Follow and Fave us on Nextdoor

1. CANOEING, 2. MARSHMALLOWS, 3. ADVENTURE, 4, MOSQUITOES 5. TORCH, 6. OUTDOORS, 7. WILDLIFE, SLEEPING BAG, 11. MOUNTAINS, 12. CAMPFIRE, 16. COOKING, 17. HIKING, 18. SUMMER, 19. HIKING, 18. SUMMER, 19. TORNORES. 13. TENT, 14. NIGHT SKY, 15. CAMPFIRE, 16. COOKING, 17. HIKING, 18. SUMMER, 19. TORNORES. 18. SUMMER, 19. SUMER, 19. SUMER, 19. SUMMER, 19. SUMER, 19.

Puzzle Answers: Theme: Camping

#### **Mission Statement**

"Our mission is to enrich the lives of Chisago County senior citizens & to support their individual lifestyles"

#### **Board of Directors:**

Carol Gilquist, President
Betty Anderson Schlipp, Vice President
Terry Reyer, Secretary
Todd Fisk, Treasurer
Directors: Barb Cuppett, Carol Stradinger,
Cathy Buda, Connie Jaques, Henry Scott,
Connie Kaiser, Gwen Swenson, Marge
Scheele & Pam Schultz

Board Meeting every 3rd Thursday of the month at 9:30 am at the senior center

**OPEN TO ALL!** 

## Senior Center Activities

		Saturday	2	6	16	23	30
סכוווסו ככוונכו שכנואונוכי	Office Hours are Monday - Friday 8 am to 1 pm Website: www.chisagosrcenter.org E-mail: chisagocountyseniorcenter@gmail.com	Friday	1 10:30 Exercise 1:00 Cribbage	8 10:30 Exercise 1:00 Cribbage	15 10:30 Exercise 1:00 Cribbage	22 10:30 Exercise 1:00 Cribbage	29 10:30 Exercise 1:00 Cribbage
		Thursday	25	7 10:00 Bingo 12:30 Hand, Foot & Arm	14 9:00 Blood Drive 10:00 Bingo 12:30 Hand, Foot & Arm 1:00 Bridge	<i>21</i> 9:30 Board Mtg 10:00 Bingo 12:30 Hand, Foot & Arm	28 10:00 Bingo 12:30 Hand, Foot & Arm Happy Feet
		Wednesday	ugust 2025	6 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	13 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	:30 Exercise :30 Dice Games 30 500 Cards ippy Feet	27 10:30 Exercise 12:30 Dice Games 1:00 500 Cards
		Tuesday	AL	5 10:00 Dominos 11:15 Music - TBD	12 10:00 Dominos 11:15 Music - Kathy Coury 1:00 Movie - We Bought a Zoo 3:30 Dine&Discover		26 10:00 Dominos 11:15 Music - TBD
	Website: ww	Monday	1	4 10:30 Exercise 1:00 500 Cards	11 10:30 Exercise 1:00 500 Cards	18 10:30 Exercise 1:00 500 Cards	25 10:30 Exercise 1:00 500 Cards
		Sunday		೯	10 12:30 Pot Luck	17	24

## August 2025

# **Catholic Charities Senior Dining Menu**

SUNDAY Lunch served at 11:45 a.m. at Chisago County Senior Center, North Branch - For reservations, please call 651-674-1956 before 8:00 a.m. SATURDAY Whipped Potatoes w/ Gravy Garden Vegetable Rice Tuna Noodle Casserole Vegetable Normandy Cheesy Potatoes Hamburger Patty Pork Tenderloin Baked Chicken Strawberries Rice Pilaf Tilapia Cookie FRIDAY Pudding Bread Cookie Bread Bread Bread Carrots Bread Whipped Potatoes w/ Gravy 21 Scandinavia Vegetables Milk is served with every meal. Menu is subject Diced Sweet Potatoes Central Minnesota Council on Aging as part of Mandarin Oranges the Older Americans Act and Administered by Turkey w/ Spaetzle Catholic Charities of the Diocese of St. Cloud. Tator Tot Hotdish Cheeseburger **Dumplings** THURSDAY Peaches Meatloaf Brownie Partially funded under contract with the FM 106.5 AM 1350 Cookie Pears Bread Bread Bread Peas to change. Dining/MOW closure 20 Ham Salad on a Croissant Nacaroni & Cheese Chicker Sausage, Egg & Cheese Sweet & Sour Chicken Oriental Vegetables Mandarin Oranges WCMP FM 100.9 Cinnamon Roll Green Beans WEDNESDAY Hashbrowns Fruit Cocktail Beef Ravioli announcements: Brisket Burrito Broccoli Peaches Cookie Bread Bread Bread Cake 26 Hamburger Stroganoff BBQ Pork on a Bun Asian Vegetables Chicken Alfredo Pasta Salad Strawberries Fresh Fruit Tator Tots TUESDAY Noodles Noodles Broccoli Brownie Cookie Peas Whipped Potatoes w/ Gravy Scalloped Potatoes & California Normandy Hamburger Tomato Tapioca Pudding Paprika Potatoes Salisbury Steak **Green Beans** Casserole Fruit Salad Pork Chop Peaches Ham MONDAY Bread Bread Bread Bread Peas Jello

#### **Community Center Rental Facility**

Looking for the perfect place to host your next event? The Community Center offers a variety of room sizes, ideal for meetings, parties, and dinners. Everyone in the community is welcome, and we're excited to help make your event a memorable success!

Contact us at 651-674-8658

#### **The Dining Room**

Host your next event in our spacious and welcoming dining room, which can accommodate up to 75 guests! For just \$150 per activity, take advantage of the convenient kitchen. Make unforgettable memories with us!



#### **Activity Room**

Our spacious, tile-floored Activity Room is ideal for exercise classes, card games, and more. It comfortably accommodates up to 50 guests and includes a small kitchen for your convenience. Rent this fantastic space for just \$100 per activity.



#### **Our Cozy Conference Room**

Accommodates up to 20 people and comes with internet access. Rent it for just \$50 per activity. Come and make your gathering a success with us!



#### **Nurse's Room**

Discover our inviting Nurse's Room—perfect for small meetings or consultations. Rent it for just \$20 per activity and enjoy a comfortable, private space. Join us and take advantage of this affordable, welcoming option!



#### Join Us for this FREE Event!

## Dine & Discover

Hosted by Chisago Age Well Coalition
with the assistance of a Title III grant from the Central Minnesota Council on Aging as
part of the Older Americans Act

#### 'MyChart 101'

For older adults and their caregivers

Presenter
Jack Castiglione
M Health Fairview



Learn to use MyChart confidently to make appointments, manage medications and more!

#### Tuesday, Aug. 12, 2025

If your health care provider offers MyChart but you've been hesitant to try it—or if you are a current MyChart user with questions — Presenter Jack Castiglione of M Health Fairview and qualified assistants will be ready to help you. New MyChart users will learn how to sign up and access their health information. Learn how to securely send messages, view tests, manage medications and schedule virtual visits. Those who want to share MyChart access with a trusted individual will learn how to do so. Caregivers are welcome!

Remember to bring your cell phone and know your MyChart password if you already have one. Laptops welcome.

(Check-in begins 30 minutes before each session.)

12 noon Zion Lutheran Church, 28005 Old Towne Rd., Chisago City Light lunch served.

3:30 p.m. Chisago County Senior Center, 38790 Sixth Ave., North Branch
Afternoon appetizers served.

#### Registration requested by Friday, Aug. 8. Call 651-674-1025.

To register online, go to North Branch Community Education, choose Senior Offerings, and scroll to Dine & Discover - MyChart 101.

Questions contact: cawcadmin@chisagoagewell.org













Chisago County Community Center

**Annual Fall** 

### Arts & Craft Fair!

A Fundraiser Event

Saturday, October 25th, 2025 38790 6th Avenue, North Branch, MN 9 am - 3 pm

> Join us for a day of creativity and fun! Discover unique handmade items, Meet talented local artists and Enjoy some delicious refreshments