

October 2025

Chisago County

Senior Center News

Chisago County Community Center
38790 6th Avenue | North Branch, MN 55056 | 651-674-8658



Chisago County Community Center

Annual Fall

Arts & Craft Fair!

Saturday, October 25th, 2025

38790 6th Avenue, North Branch, MN

9 am – 3 pm

Join us for a day of creativity and fun!

Discover unique handmade items,

Meet talented local artists and

Enjoy some delicious refreshments.

A Little Sneak Peek



Live Music

Every Tuesday
at 11:15 am

Oct 7 – Dennis Schaefer

Oct 14 – Wire & Wood

Oct 21 – Johnson Bro

Oct -28 – Dave Gourhan

Dominos

Every Tuesday at 10 am

No experience?

No problem!

We'll teach you
everything you
need to know.

Exercise Class

Every Monday, Wednesday,
and Friday at 10:30 am
Designed for seniors and
led by seniors



CONNECT WITH US

651-674-8658

<https://chisagosrcenter.org>

chisagocountyseiorcenter@gmail.com

ACTIVITIES AND CLASSES

500 Card Game - Every Monday & Wednesday at 1:00 pm. The cost is \$1

Bingo - Every Thursday at 10 am. \$.25 per card, 2-card limit.

Cribbage – Every Friday at 1:00 pm. The cost is \$1.

Dice Games - Wednesdays at 1:00 — bring your dimes and enjoy a fresh dice game each week!

Domino's - Every Tuesday at 10 am. Come, even if you've never played, and we will teach you!

Exercise With Connie - Every Monday, Wednesday & Friday from 10:30 am to 11:30 am.

Hand, Foot, and Arm - Every Thursday, from 12:30 pm to 3:00 pm.

Happy Feet Foot Care - Appointments are available on the 3rd Wednesday and 4th Thursday of the month. Call 763-346-3390 for an appointment.

Live Music - Every Tuesday at 11:15 am. See the activities calendar for who is playing each week.

Movie Day - Every Second Tuesday at 1:30 pm. Free popcorn and beverages! Refer to the activities calendar to see what's playing each month.

Pot Luck Sunday - Second Sunday at 12:30 pm. Bring a dish to share. Donations are welcome.

Volunteer Opportunities - Call the Senior Center for information at 651-674-8658

****VOLUNTEERS NEEDED IN OCTOBER****

The Senior Center's annual Craft Fair is coming up on **Friday, October 25th**, and we'd love your help to make it a great success! We are looking for friendly volunteers to help with tasks such as greeters, baking bars or sweet treats, setting up tables before the event, and assisting with clean-up after it wraps up. If you're able to pitch in, please call the main office at **651-674-8658** or stop by the Senior Center to leave your contact info.



RESOURCES

Food

Catholic Charities Senior Dining, Monday – Friday at 11:45, Call for reservation (651)-674-1956

Fare For All, Trinity Lutheran Church, (763)-450-3860

Ruby's Pantry, Access Church, 2nd Saturday of the month. Starts at 9:30am

Miscellaneous

Arrowhead Transit, 800-862-0175, option 13, [Arrowhead Transit](https://www.arrowheadtransit.org/)

Chisago Age Well Coalition, No phone #, <https://www.chisagoagewell.org/>

Family Pathways Aging Services, 651-674-8040, [Aging Services - Family Pathways](https://www.familypathways.org/)

Lakes & Pines, 320-679-1800 <https://www.lakesandpines.org/>

Mid-Minnesota Legal Aid, Senior Law Project, 1-888-360-2889 <http://www.mylegalaid.org>

Senior Linkage Line - Board on Aging, (651) 431-2500, <https://mn.gov/senior-linkage-line/>

Veterans Guide – Website: veteransguide.org, Email: outreach@veteransguide.org



Please see our website for the full list of resources www.chisagosrcenter.org

FREE EVENT

2025 CHISAGO AGE WELL EXPO

"Aging Reimagined: Looking at Aging Through a New Lens"

Resources and Information to provide older adults and their caregivers opportunities to live and age well in Chisago County

Speaker • Vendors • Food • Entertainment
Vaccine Clinic • Health Screenings • Free Admission!

Keynote Speaker:
Natalie Matthewson

Community Development
Supervisor at CMCOA



Friday, October 17 | 9:00 am - 1:00 pm

Chisago Lakes High School

Performing Arts Center (PAC) Entrance

Keynote Speaker at 10:30 am

VISIT WWW.CHISAGOAGEWELL.ORG FOR MORE INFORMATION



SAVE THE DATE

Christmas Concert

Held at the Senior Center

Sunday, December 21st from 1 pm to 3 pm

Join us for an afternoon of joyful music, warm fellowship, and a light lunch. Featuring Live entertainment by Anthony Hotakainen.



Volunteers welcome—help us make this event merry and bright!

Notice of Meeting

Election of Board Members and Officers

We invite you to attend our upcoming meeting to vote for board members and officers. Your participation is crucial to the future of our center.

Date: October 16th, 2025

Time: 9:30 am

Medicare 101



Date: October 13th, 2025

Time: 1:00 pm – 2:00 pm

Registration is encouraged, but not required. Contact Chisago County Senior Center at 651-674-8658 for registration and more information.

Precision Driving Center

55+ Driver Discount Program



October 9th, 2025

12:00 pm to 4:00 pm

4-hour in-person classes

To register, call 320-308-1400 or
online at

www.DriverDiscountProgram.com

Get up to 10% off your car insurance
for 3 years!

Classes are held at the Senior Center

President's Corner

Greetings from the Chisago County Senior/Community Center! Fall is officially upon us—the leaves are turning vibrant colors, the days are growing shorter, the air is cooler, and before long, we'll be turning our clocks back. All these signs remind us that change is always around us. One change to note: Senior Linkage Line is now called Minnesota Aging Pathways. This service, offered by the Minnesota Board on Aging in partnership with Minnesota's Area Agencies on Aging, is a fantastic resource for older adults. They provide reliable answers to a wide range of aging-related questions, particularly those related to Medicare. To help you learn more, we're hosting an educational event: Medicare 101, Monday, October 13th, 1:00 p.m. – 2:00 p.m., presented by Minnesota Aging Pathways at the Chisago County Senior Center. Registration is encouraged but not required. To register or learn more, call 651-674-8658. If you'd prefer to attend this session at a different time, let us know!

FREE ART CLASSES
For seniors experiencing memory loss, and their caregivers

Scratch Art- Owl
OCTOBER 28TH
10:30am - 12:30pm

Hosted at the Chisago County Senior Center

www.WyomingCreativeArts.org
Register Online, For questions about registration call: 763-202-1397

Hallberg Center for the Arts
Wyoming Area Creative Arts Community

Come Travel with Me Carline Sargent

Wednesday, October 8th, 2025

Fall Colors – Duluth River Train

Saturday, October 25th, 2025

“9 to 5” – Paramount Theater

Email: cometravelwme@gmail.com,

Call 612-270-3403 or follow her on Facebook

<https://www.facebook.com/ComeTravelwMe>

Veterans Guide

Our mission is to support veterans with a range of issues they may encounter, including accessing proper disability compensation, financial assistance, information on the GI Bill, and more.

VA Disability Back Pay Calculator - veteransguide.org/back-pay-calculator/

100% VA Disability Benefits - veteransguide.org/va-ratings/100-percent/

Email Address - outreach@veteransguide.org , **Website** veteransguide.org

We want to ensure that vets have all the necessary resources to minimize their struggles with health and finances.

Subscribe to our E-Newsletter at www.chisagosrcenter.org

Synopsis of Chisago County Board on Aging meeting on September 18, 2025

A quorum was present. The Secretary's report was approved, and the Treasurer's report was approved as presented.

OLD BUSINESS: Annual Meeting: The next annual meeting will be held on October 16 in the Dining Room. Ballots for voting and the minutes from September will be available. Ballot Preparation: The names of those running for reelection and candidates for the board will be added to the ballot for next month's vote. Printer Update: Amy set up a program that allows papers to be folded using the printer. A few remaining issues need to be resolved, after which newsletters will be printed in-house. Internet Comparisons: Information from other companies is being reviewed to explore faster internet options, including costs and packages. The current internet speed at the center is quite slow.

NEW BUSINESS: Advertising Opportunity: Carol G. spoke with Sarah H. from WCMP Radio. Sarah shared several great ideas for advertising the center. COMMITTEES Fundraising: The Fall Craft Fair is filling up quickly with crafters. One table is still available. Safety Committee: An update was provided regarding the capacity of three rooms and the installation of a new fire extinguisher. Board Member Responsibilities: No changes were reported.

ACTIVITIES: Potluck: 53 attendees; \$97.60 in donations. Exercise: Going well. Games: Games are going well. Music: Going well. Movie Day: Attendance is steady. More people are encouraged to join for movies, snacks, and laughter. The next movie day is scheduled for October 14 at 1:30 PM.

The featured film is *The Thursday Murder Club*, based on the 2020 novel by Richard Osman.

OFFICE: Operations are going well. A staff meeting is being organized to connect with all team members.

MEDIA SPECIALIST: Things are going great.

For more detailed information on the Board Meeting Minutes, go to:

<https://chisagosrcenter.org/board-meeting-minutes/>

Word Scramble

AT THE MOVIES

- | | | | |
|----------------|-------|---------------|-------|
| 1. HTTREEA | _____ | 11. MXAI | _____ |
| 2. ATSERMR | _____ | 12. IOEMV | _____ |
| 3. ENCAIUED | _____ | 13. PIXLLMUET | _____ |
| 4. RUBBTLECSKO | _____ | 14. HSACNO | _____ |
| 5. RESDTIC | _____ | 15. PPOROCN | _____ |
| 6. PERDCOULH | _____ | 16. IERVWPE | _____ |
| 7. BYDLO | _____ | 17. POETCRROJ | _____ |
| 8. MAARD | _____ | 18. RSNEEC | _____ |
| 9. SDINKR | _____ | 19. KCTEIT | _____ |
| 10. AFTUERE | _____ | 20. RIELTRA | _____ |



VOLUNTEERS NEEDED

WE NEED VOLUNTEERS FOR:

Board Members
Front Desk Receptionist
Special Events Helper
Cleaning and Organizing
Maintenance & Repair
Group Leaders
Start New Groups

INTERESTED IN JOINING US?

Call us at 651-674-8658 or

Send us an email at:

chisagocountyseiorcenter@gmail.com

Visit our website at:

www.chisagosrcenter.org

We look forward to meeting you!



Like and follow us on Facebook



Join us on the Nextdoor App

Mission Statement

" Our mission is to enrich the lives of Chisago County senior citizens & to support their individual lifestyles"

Board of Directors:

Carol Gilquist, President
Betty Anderson Schlipp, Vice President
Terry Reyer, Secretary
Todd Fisk, Treasurer
Directors: Barb Cuppett, Carol Stradinger, Cathy Buda, Connie Jaques, Henry Scott, Connie Kaiser, Gwen Swenson, Marge Scheele & Pam Schultz

Board Meeting every 3rd Thursday of the month at 9:30 am at the senior center

OPEN TO ALL!

Puzzle Answers:

Theme: AT THE MOVIES

1 THEATER, 2 ARMREST, 3 AUDIENCE, 4 BLOCKBUSTER, 5 CREDITS, 6 CUP HOLDER, 7 DOLBY, 8 DRAMA, 9 DRINKS, 10 FEATURE, 11 IMAX, 12 MOVIE, 13 MULTIPLEX, 14 NACHOS, 15 POPCORN, 16 PREVIEW, 17 PROJECTOR, 18 SCREEN, 19 TICKET, 20 TRAILER

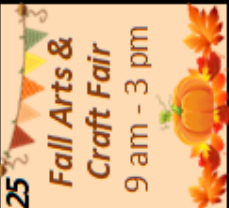


Senior Center Activities



Office Hours are Monday - Friday 8 am to 1 pm



Website: www.chisagoscrcenter.org E-mail: chisagocountyseniorcenter@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025						
	6 10:30 Exercise 1:00 500 Cards	7 10:00 Dominos 11:15 Music Dennis Schaefer	1 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	2 10:00 Bingo 12:30 Hand, Foot & Arm	3 10:30 Exercise 1:00 Cribbage	4
5			8 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	9 10:00 Bingo 12:00 Driving Class 12:30 Hand, Foot & Arm	10 10:30 Exercise 1:00 Cribbage	11
12 12:30 Pot Luck	13 10:30 Exercise 1:00 500 Cards 1:00 Medicare - 101	14 10:00 Dominos 11:15 Music - Wire & Wood 1:30 Movie - The Thursday Murder Club	15 10:30 Exercise 12:30 Dice Games 1:00 500 Cards Happy Feet	16 9:30 Board Mtg 10:00 Bingo 12:30 Hand, Foot & Arm	17 10:30 Exercise 1:00 Cribbage	18
19	20 10:30 Exercise 1:00 500 Cards	21 10:00 Dominos 11:15 Music Johnson Bro	22 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	23 10:00 Bingo 12:30 Hand, Foot & Arm Happy Feet	24 10:30 Exercise 1:00 Cribbage	25  Fall Arts & Craft Fair 9 am - 3 pm
26	27 10:30 Exercise 1:00 500 Cards	28 10:00 Dominos 10:30 Hallberg Art Class 11:15 Music Dave Gourhan	29 10:30 Exercise 12:30 Dice Games 1:00 500 Cards	30 10:00 Bingo 12:30 Hand, Foot & Arm	31 10:30 Exercise 1:00 Cribbage	

Catholic Charities Senior Dining Menu

October 2025

Lunch served at 11:45 a.m. at Chisago County Senior Center, North Branch - For reservations, please call 651-674-1956 before 8:00 a.m.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Milk is served with every meal. Menu is subject to change. Dining/MOW closure announcements: WCMP FM 100.9 FM 106.5 AM 1350 Partially funded under contract with the Central Minnesota Council on Aging as part of the Older Americans Act and Administered by Catholic Charities of the Diocese of St.</p>						
6 Salisbury Steak Paprika Potatoes Peas Bread Pie	7 Chicken Rice Casserole Green Beans Bread Cake	1 Tilapia Rice Pilaf Strawberries Bread	2 BBQ Ribs Potatoes O'Brien Corn Sugar Cookie Bread	3 Tuna Noodle Casserole Carrots Pudding Bread		
13 Flatbread Pizza (Sausage) Corn Brownie	14 Cheese Ravioli Broccoli Peaches Bread Churro	8 Bouja Half sandwich Fruit Cocktail Churro	9 Tator Tot Hotdish Mandarin Oranges Cookie Bread	10 Baked Pork Chop Whipped Potatoes w/ Gravy Peas Bread Spiced Apples		
20 Scalloped Potatoes & Ham California Normandy Fruit Salad Bread	21 Hamburger Stroganoff Noodles Peas Strawberries	15 Chicken Alfredo Noodles Scandinavia Vegetables Cake	16 Meatloaf Whipped Potatoes w/ Gravy Green Beans Bread Rick Krispie Treat	17 Pork Tenderloin Cheesy Potatoes Vegetable Normandy Cookie Bread		
27 Hamburger Tomato Casserole Peaches Tapioca Pudding Bread	28 BBQ Pork Macaroni & Cheese Broccoli Brownie Bread	22 Sausage, Egg & Cheese Burrito Hashbrowns Fruit Cocktail Cinnamon Roll	23 Cheeseburger Sweet Potato Peas Brownie	24 Baked Chicken Garden Vegetable Rice Broccoli Cookie Bread		
3	29 Sweet & Sour Chicken Rice Oriental Vegetables Mandarin Oranges Cookie Bread	30 Turkey w/ Spaetzle Dumplings Peas Peaches Bread Cake	31 Hamburger Patty MONSTER MASH-ed Potatoes w/ Gravy Beets Bread Pie 			

Community Center Rental Facility

Looking for the perfect place to host your next event? The Community Center offers a variety of room sizes, ideal for meetings, parties, and dinners. Everyone in the community is welcome, and we're excited to help make your event a memorable success!

Contact us at 651-674-8658

The Dining Room

Host your next event in our spacious and welcoming dining room, which can accommodate up to 120 guests! For just \$150 per activity, take advantage of the convenient kitchen. Make unforgettable memories with us!



Activity Room

Our spacious, tile-floored Activity Room is ideal for exercise classes, card games, and more. It comfortably accommodates up to 60 guests and includes a small kitchen for your convenience. Rent this fantastic space for just \$100 per activity.



Our Cozy Conference Room

Accommodates up to 20 people and comes with internet access. Rent it for just \$50 per activity. Come and make your gathering a success with us!



Nurse's Room

Discover our inviting Nurse's Room—perfect for small meetings or consultations. Rent it for just \$20 per activity and enjoy a comfortable, private space. Join us and take advantage of this affordable, welcoming option!



JOIN THE BOARD!

Help Shape Our
Community's
Future!



Make a
Meaningful
Impact!

Why Become a Board Member?

Make a difference in the lives of seniors in our community.
Share your ideas to enhance programs, events, and outreach.
Support fundraising efforts and build local partnerships.
Join a caring team that values inclusion, wisdom, and teamwork.

How to Get Involved

1. **Attend a board meeting** to observe how things work
2. **Meet with current board members** for an informal Q&A
3. **Bring your passion and ideas**—no experience required!

Who We're Looking For

People over 50 and living in Chisago County. A heart for seniors and community service. Experience in event planning, fundraising, outreach, or leadership. Availability for monthly meetings and occasional volunteer opportunities. Fresh perspectives and friendly collaboration.

The board elections will take place during the monthly meeting on October 16, 2025, and will start at 9:30 a.m.

Chisago County Senior Center
38790 6th Ave, North Branch, MN
Contact by phone: 651-674-8658 or
Email: chisagoseniorcenter@gmail.com



FREE EVENT

2025 CHISAGO AGE WELL EXPO

**"Aging Reimagined: Looking
at Aging Through a New Lens"**

Resources and Information to provide older adults and their
caregivers opportunities to live and age well in Chisago County

Speaker • Vendors • Food • Entertainment
Vaccine Clinic • Health Screenings • Free Admission!

**Keynote Speaker:
Natalie Matthewson**

Community Development
Supervisor at CMCOA



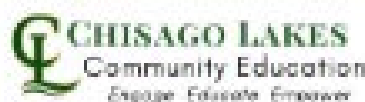
Friday, October 17 | 9:00 am - 1:00 pm

Chisago Lakes High School

Performing Arts Center (PAC) Entrance

Keynote Speaker at 10:30 am

VISIT WWW.CHISAGOAGEWELL.ORG FOR MORE INFORMATION



Medicare 101



Medicare can be complicated, but Minnesota Aging Pathways is here to help. Whether you've been on Medicare for a few years and just need a refresher, or you're brand new to Medicare, Medicare 101 will help you understand the basics so you can manage your health care options.

REGISTRATION

Registration is encouraged, but not required. Contact Chisago County Senior Center 651-674-8658 for registration and more information.



October 13th 2025

1:00 p.m. - 2:00 p.m.

Chisago County Senior
Center

38790 6th Ave

North Branch, MN 55056

Minnesota Aging Pathways is a free, statewide service of the Minnesota Board on Aging in partnership with Minnesota's area agencies on aging. Minnesota Aging Pathways helps older Minnesotans and caregivers find answers and connect to the services and support they need.



Come Travel With Me

Worry Free Group
Travel Opportunities

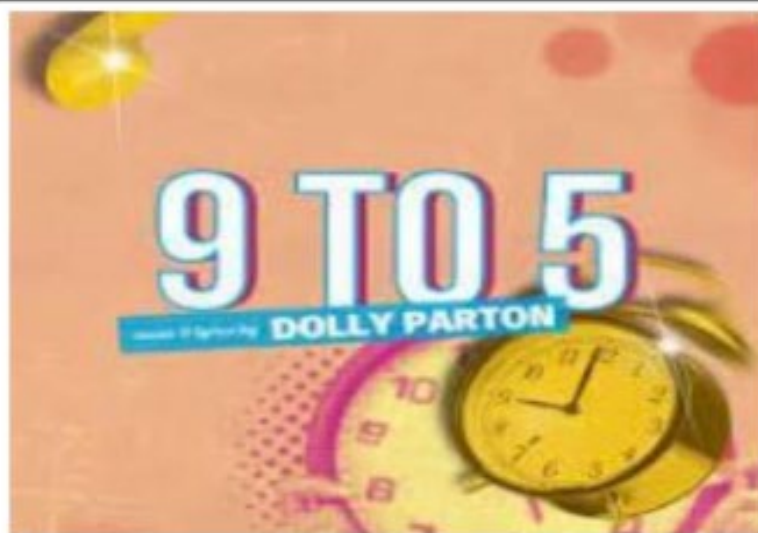
Carline Sargent

email: cometravelwme@gmail.com

612-270-3403

DAY TRIP

OCTOBER 25, 2025



"9 TO 5" – Paramount Theater

A musical comedy featuring the music of Dolly Parton in a story of three spunky women who take on the workplace with humor, heart, and a little revenge

COST: \$81

This trip includes coach transportation and show. We will be stopping for lunch at Jack & Jim's Restaurant in Foley. (Lunch is on your own/cost not included)

TRANSPORTATION PICK-UP/DROP-OFF LOCATIONS & TIMES:

North Branch Outlets (Bath & Body), 38500 Tanger Drive, North Branch: **DEPART PROMPTLY @ 9:30 AM**

Cambridge Senior Activity Center, 140 Buchanan St. N, Cambridge: **DEPART PROMPTLY @ 10:00 AM**

Walmart (Garden Center parking lot), 300 21st Ave. North, Princeton: **DEPART PROMPTLY @ 10:30 AM**

PLEASE MAIL YOUR REGISTRATION FORM AND PAYMENT TO:

Come Travel with Me/Carline Sargent, 32914 Nacre Street NW, Princeton, MN 55371

Please make checks payable to: Come Travel with Me

Questions call: 612-270-3403

"9 TO 5" – Paramount Theater, October 25, 2025 – Registration Form

First & Last Name _____ Email _____

Phone # _____ Who do you want to sit with? _____

Of tickets _____ If more than one ticket, please list names and contact information of people tickets are for:

Pick-up/drop-off location (circle one): Princeton Cambridge North Branch

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Scratch Art- Owl
OCTOBER 28TH
10:30am- 12:30pm



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Register Online, For questions about
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Hallberg
center for the **Arts creative** arts community
wyoming area

